

PUBLIC SPEAKING

BREAK FREE OF YOUR FEARS AND FLY

SESSION PLAN-

GLOSSOPHOBIA, FEAR OF PUBLIC SPEAKING IS THE TOPMOST FEAR, PUSHING EVEN DEATH TO SECOND SPOT. THIS SERIES OF SESSIONS IS INTENDED TO HELP AN INDIVIDUAL OVERCOME IT AT AN EARLY STAGE OF CAREER. SYSTEMATICALLY BREAKING ICE TO LEARNING THE INTRICACIES OF BASIC THOUGHT STRUCTURING, USING BODY LANGUAGE AND VOCAL VARIATIONS TO DELIVER AN ENHANCED POWERFUL MESSAGE TO AUDIENCE EVERY TIME.

METHODOLOGY-

ROLE PLAYS, WRITING, ORATORICAL ACTIVITIES, PEER FEEDBACK

COMPETENCY DELIVERED-

- A BOOSTED SELF CONFIDENCE AND GROWTH STIMULUS
- DESIGNING A COMPELLING VERBAL DEBATE ARGUMENT
- DELIVERING THE WORDS WITH MAGIC OF VISUAL AND VOICE
- COMPETENCY IN HANDLING EXTEMPORANEOUS SITUATIONS
- PASSING AND RECEIVING CONSTRUCTIVE CRITICISM HEALTHILY

Number of Sessions

8 days

Total Course Duration

16 hours

Batch size

25

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